

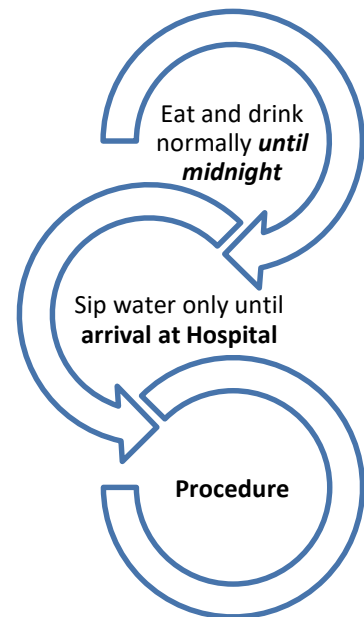
JHC Fasting Guidelines

The recommended fasting guidelines for Joondalup Health Campus are outlined below (unless otherwise specified by your medical specialist).

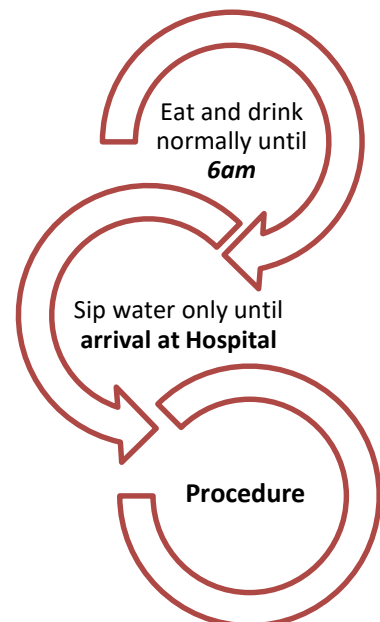
You will be contacted by the hospital within 48hrs of your admission in order to provide you with the details of your procedure.



If you are scheduled for the *morning* surgery list, eat and drink normally until midnight and then only sip water until you arrive at Joondalup Hospital.



If you are scheduled for the *afternoon* surgery list, eat and drink normally until 06:00, and then only sip water until you arrive at Joondalup Hospital.



*If you are taking prescribed medications, these can be taken normally with water up to 2 hrs prior to your procedure unless your Surgeon or Anaesthetist has instructed otherwise.