



Going home checklist

Patient**First**

We want your move from hospital to home to go as smoothly as possible.

Before leaving hospital, make sure your doctor or nurse has given you:

- ☐ a discharge letter about your diagnosis and treatment to discuss with your GP
- ☐ an 'easy to read' medicine list to help you manage your new medicines at home
- ☐ instructions about the medicines you were taking **before** you were admitted to hospital and any changes that have been made
- ☐ information about how to care for any surgical wounds or how to use any aids e.g. crutches
- ☐ advice about any further tests you might need
- ☐ details of when you will need to see your GP or attend an outpatient clinic
- ☐ any X-rays and all your personal belongings
- ☐ information about your special needs at home such as hand rails, wheel chair, preventing falls, diet
- ☐ information about any exercises you might need to continue at home.
- ☐ a signed Patient Assisted Travel Scheme (PATS) form, if you are a country patient.

Also check that the hospital has:

- ☐ kept your carer up to date
- ☐ arranged for any nursing home care that you may need
- ☐ confirmed your transport home
- ☐ arranged for a home assessment if you have asked for one.



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