

# ARC Advanced Life Support 2

Ramsay Health Care is accredited with the Australian Resuscitation Council (ARC) to deliver ALS2 courses. This two day program aims to teach the theory and practical skills to effectively manage cardio/respiratory arrest, peri-arrest situations and special circumstances, and to prepare senior members of a multidisciplinary team to treat the patient until transfer to a critical care area if possible. The course focuses on achieving advanced resuscitation competencies and is also designed to develop leadership and team skills in managing such emergencies.

Course candidates will be sent the ARC ALS 2 manual four weeks prior to the course. It is a requirement that the pre-course multiple choice question paper is completed prior to attending. The course must be attended in its entirety with the successful completion of all assessments required to attain ALS Provider status. Candidates who successfully complete the program receive an Australian Resuscitation Council ALS 2 Provider certificate, valid for four years. Organisations and candidates should check with their respective professional bodies for the latest requirements.

## Course Content:

- Recognition, assessment and management of the deteriorating patient using a structured ABCDE approach.
- Treat cardiac and/or respiratory arrest, including manual defibrillation.
- Management of life-threatening arrhythmias.
- Preparing and planning post resuscitation care.
- Care for the deteriorating patient or patient in cardiac arrest in circumstances such as asthma, anaphylaxis, and pregnancy.
- Lead a team, work as a team member, and use structured communication skills including giving an effective handover.

## Eligibility:

All applicants must hold a professional health care qualification and current clinical or health care educational appointment or be in training for an Australian professional health care qualification. The course is intense and prior clinical knowledge and experience of critically ill patients is essential.

Appropriate participants include doctors, nurses working in critical care areas (e.g. ED, CCU, ICU, HDU, acute medical/surgical admissions units/after-hours' and 'outreach' team members) or in the resuscitation /medical emergency team, and paramedics. Others include health care professionals who expect to use skills and knowledge from the ALS 2 as part of their clinical duties on a regular basis, or where part/all of their professional role includes the delivery of ALS education.

**Cost:** \$300 for Ramsay employees  
\$1500 for external candidates

Includes course manual, morning tea, lunch and afternoon tea

**Dates:** March 20<sup>th</sup> & 21<sup>st</sup> 2019 Peel Health Campus  
May 29<sup>th</sup> & 30<sup>th</sup> 2019 Hollywood Private Hospital  
July 25<sup>th</sup> & 26<sup>th</sup> 2019 Peel Health Campus  
Sept 10<sup>th</sup> & 11<sup>th</sup> 2019 Hollywood Private Hospital  
Joondalup Health Campus dates coming in 2020

**Registration:** Email your application to [ARCALS2.RHC@ramsayhealth.com.au](mailto:ARCALS2.RHC@ramsayhealth.com.au)  
*\*Registration for this course is not guaranteed upon application. Medical & Nursing applicants will be shortlisted by the Course Director, Medical Lead and Course coordinator.*

## For further information:

**Email:** [ARCALS2.RHC@ramsayhealth.com.au](mailto:ARCALS2.RHC@ramsayhealth.com.au)

**Phone:** (08) 9346 6108

