

Thursday 2nd April 2025

Dr Belinda Russell-Smith
Hospital Liaison GP – Medical Practitioner
Ramsay Health Care
Joondalup WA 6027

Dear Belinda,

About Ramsay Health Plus

Ramsay Health Plus (RHP) provides hospital, outpatient clinic and community-based allied health services that enhance consumer choice, outcomes and experiences.

Services Offered

Physiotherapy	Occupational Therapy
Exercise Physiology	Psychology (via Ramsay Psychology)
Dietetics	

No Waiting List

The growth of our team will ensure that we can provide quality services when your patients need them. All practitioners at Ramsay Health Plus Joondalup are now taking new referrals.

Affordable Fees

We are currently offering a NO GAP service under a Chronic Disease Management Plan for Exercise Physiology and Dietetic referrals. Healthcare can be expensive and our aim is to provide the highest quality at a rate our patients can afford.

For Additional Information

Referrals and enquiries are welcome via phone (08) 6185 8500, fax (08) 6185 8501, email joondalup@ramsayhealthplus.com.au or via My HealthLink: RMSAYHPJ.

Kind regards,

Kyle Smith
Practice Principal
Turn over to meet our team

Meet the Ramsay Health Plus Team



Stefanie Aworth – Womens Health Specialist

Stef is a pelvic health Physiotherapist with vast experience in treating women's and musculoskeletal conditions. Stef is passionate in treating persistent pelvic pain (endometriosis), pelvic organ prolapse, urinary and faecal incontinence and musculoskeletal conditions.



Kyle Smith – Exercise Physiologist

Kyle has been working in the field of Exercise Physiology and rehabilitation for over 20 years. He has extensive experience in the fields of cancer, cardiac rehabilitation, pain management, metabolic syndrome and balance / fall prevention.



Caitie Edwards – Occupational Therapist

Caitie is an Occupational Therapist with a generalist skillset in disability, physical and cognitive rehabilitation, soft-tissue and musculoskeletal rehabilitation and equipment and aid prescription.



Yvonne Morris – Occupational Therapist / NDIS Lead

Yvonne is an Occupational Therapist with over 30 years experience in the field of disability working in the UK, Ireland and Perth for the last 12 years. She has a wide and varied experience in neuro rehab, equipment prescription (inc wheelchairs), home modifications and functional capacity assessments.

Georgia Cocking – Occupational Therapist

Georgia is an Occupational Therapist with over 10 year's experience in the field of neurological rehab, adult disability and aged care working in various community/home visiting and hospital roles. She has a wide and varied experience in neuro rehab, equipment prescription (inc wheelchairs), complex posture and seating, home modifications and functional capacity assessments..



Jo Oddo – Dietician

Jo is an Accredited Practicing Dietitian who has experience working across several areas within the acute, primary, and aged care sectors. Jo has supported patients in the areas of neurology, surgical, general medicine, cardiac, oncology and gerontology.