



A/Prof Rod Petersen

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To all GPs

The department of Obstetrics and Gynaecology at Joondalup Health Campus (JHC) underwent some significant changes in 2009. The changes included the appointment of Dr Patty Adams and myself as full time staff specialists. Dr Adams and I provide on-site dedicated obstetrics cover from Monday to Friday (in hours). We run all of the antenatal clinics for JHC and are the resource for midwifery clinics. The high risk clinic also has the assistance of Professor Julie Quinlivan.

The department has changed a number of systems to ensure the growing number of obstetric and gynaecology patients are given the best of care. We are implementing a standardised approach to routine antenatal care and are adopting the World Health Organisation (WHO) recommendations for screening of diabetes in pregnancy.

Routine antenatal care

The department is moving to standardised antenatal care, so as part of this, we are adopting the 3 Centres Guidelines from Mercy Hospital, the Royal Women's Hospital and Monash Hospital in Victoria. These guidelines are in use in Victoria and New South Wales and provide an evidence base to antenatal care.

As from 2010, all public clinics at JHC will be adhering to these visit guidelines and in the interest of continuity we would appreciate it if the shared care patients also follow the same guidelines. Pregnant women will be given a copy of these guidelines along with their pregnancy record card at the time of booking at JHC. An electronic copy is available from http://www.3centres.com.au/guide_frame.htm and PDF downloads of all the evidence behind the guidelines are available should you wish to read them. Additionally, the enclosed documents are available at <http://www.joondaluphealthcampus.com.au/For-Doctors/public-antenatal-care.aspx>

I have enclosed a copy of the 3 Centres Guidelines and a hard copy of 'guidelines of referral for pregnant patients' which was recently published by the Royal Australian and New Zealand College of Obstetricians and Gynaecologists.

Diabetes in pregnancy

The WHO has recently recommended a change to screening for diabetes in pregnancy and now recommends that all pregnant women have a 75gm Glucose Tolerance Test at 28 weeks with the GCT now no longer being recommended. All women with a fasting BSL of >5.5 OR a 2 hour BSL > 7.7 have impaired glucose tolerance and should be referred to the diabetes clinic at JHC.

If you have any queries please feel free to contact me on petersenr@ramsayhealth.com.au or contact my Practice Manager Amy O'Brien on 9400 9631.

Yours sincerely

A/Prof Rod Petersen